



# TEAMBATH *Synchro Club*

## Code of Conduct for Members

The following information is for the guidance of TEAMBATH Synchro Club (TBSC) members who will be participating in or associated with the club's activities. **This should be read in conjunction with the Anti-Bullying policy**

### ATTENDANCE

- Members shall attend suitable sessions regularly, as approved by the coach
- Members shall attend competitions as appropriate. Swimmers who are unable to attend a competition for which they have been selected/entered must inform the Coach at the earliest opportunity
- Members shall try to attend meetings and fund-raising activities as appropriate
- Punctuality is **essential** allowing 15 minutes flexibility warm-up prior to the start of sessions. Late arrival may debar a swimmer from joining a session, unless agreed with the coach beforehand
- Payment of appropriate feed must be paid **prior to the use of facilities** in accordance with deadlines indicated

### PERSONAL APPEARANCE

- Personal appearance should be appropriate to circumstances
- Club kit shall be worn when competing for TBSC (or as directed by the coach)

### BEHAVIOUR

- Behaviour and personal conduct must at all times be of a high standard and reflect a good impression of the club and the sport. The basic human rights, worth and dignity of each member must be respected by all. The authority and decisions of all club officials should be observed, and all competitors and teams must be treated with respect in victory and defeat
- Good discipline will be observed at all times
- No activities outside the pool premises which create noise, nuisance or danger will be allowed
- Members being collected at the end of activities should wait inside the building if under the age of 18
- Language in public or group situations must always be appropriate and socially acceptable and not cause offence
- Alcohol is prohibited by team members and staff, during or en route to or from a competition, event, training session or team activity
- Smoking is prohibited by team members and staff, during or en route to or from a competition, event, training session or team activity
- All member shall treat each other as equal, with respect and without prejudice regardless of race colour, language, religion, birth or social status
- Members should not be involved in, or persist with, any conduct or activity that may bring a member, TBSC or a section into disrepute, contempt, scandal or ridicule
- No form of bullying will be tolerated and any examples should be brought to a Club Official quickly



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- Members should treat other people's property with respect and hand all found property to the person in charge
- Whenever possible, the Team Manager and/or the Coach will be a non-participating member of the team/squad. A person will be appointed to act as Team Manager who will be in charge of all non-swimming matters when competing at events. The person will be particularly responsible for the well being of any junior members at these events (especially when away from Bath). In the absence of a Team Manager this responsibility will default to the Team/Squad Senior Coach and in the absence of the latter, the responsibility will default to the Team/Squad Captain providing he/she is a senior member of the club
- Coaches and other volunteers shall conform to the TBSC Code of Conduct for Coaches and Teacher, the Swim England Code of Ethics and be registered in accordance with Wavepower 2020-2023 and will be DBS checked. Any swimmer who feels unfairly treated by a coach or teacher should contact a Committee Member

### SAFETY

- No member will be allowed in the water unless a teacher or coach is present and has given permission
- THREE LOUD BLASTS ON THE WHISTLE means there is a possible emergency situation. Members to promptly and quietly climb out of the pool and await instructions
- No running along the poolside or pushing others into the water will be allowed
- Members to inform the coach or teacher before leaving the pool and advise them of the reason. Return to the pool should be done quickly and safely
- Floats and other equipment will only be used under the direction of the teacher or coach
- Members must not dive into the pool unless under the direct supervision of a teacher or coach, the water is sufficiently deep and the entry area clear

### HYGIENE

- Eating sweets or chewing gum will not be allowed at any session, both pool and land ones
- Swim hats to be worn during training by members with long hair to facilitate the activity
- Clothing to be kept secure in lockers rather than on poolside
- Toilets and showers should be used prior to attending poolside
- Swimmers suffering from catarrh, sore throat, foot infection or any kind of open sore or wound should not swim
- Swimwear should be clean and walking poolside in outdoor shoes will not be allowed
- Swimmers should dry themselves thoroughly after each session giving particular attention to hair, ears and feet

### MEDICATION

- The Team Manager/Coach in charge should be informed of illness or injury and any medication being taken or allergies to any medication
- Performance enhancing drugs – Swim England retains a list of banned drugs, details of which can be obtained by all team members. Any drugs used from this list may result in suspension by Swim England from all club activities



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- Illegal drugs and substances – the use of these, although not on the official banned list of enhancing drugs, is prohibited

### MEDIA RELATIONS

Section Secretaries are to be consulted to approve interviews or press releases, where and when appropriate. It is in the best interest of the club and members that a good working relationship is established with the media at every opportunity

### SANCTIONS

Breaches of this Code of Conduct shall be dealt with in the first instance by a Team Manager/Coach to Club Official. He/She shall report the incident to the Club Secretary/Welfare Officer who shall take such further action as is deemed necessary